

# Thrive in Education 7 Minute Briefing



## **1. Thrive in Education**

Thrive in Education is a 3-year programme which started in September 2020.

The programme will provide targeted support for children and young people's emotional health and wellbeing in education settings and will be provided by the Mental Health Support Team (MHST).

The programme has been set up in response to the Mental Health in Education Green Paper and Salford will be a Greater Manchester and National MHST trailblazer site investment for mental health in schools.

## **2. Thrive in Education Overview**

The programme will provide:

- Training, advice, consultation to staff in schools
- Targeted support to primary and secondary schools, linking with transition and PIT support
- Working with children and young people attending Salford Schools
- The team will work with and complement existing schools offers i.e. school pastoral support, counsellors, school nurses
- Interventions will be at 'Getting Advice' & 'Getting Help' of the i-Thrive model
- The intervention will be delivered by a Multi-agency team

## **3. Interventions**

Interventions offered mainly at 'Getting Advice' and 'Getting Help' sections of the i-Thrive model. The low intensity support which are delivered directly to the children and young people in their school or educational setting.

The interventions will be evidence based interventions, with cognitive behavioural therapy (CBT), counselling and psychotherapeutic approaches and will be time limited with specific treatment goals and Routine Outcome Monitoring (ROMS).

The programme has well established referral pathways to other services such as CAMHS and Early Help.

## **4. Key Partners**

The programme will be delivered in partnership by the following service and teams:

- 42nd Street
- Salford CAMHS
- Early Help
- iReach
- Place2Be
- Salford Educational Psychology Service
- Emotionally Friendly Schools

With an extended offer that include:

- Salford Youth Service
- 0-19 School Health
- Schools Sports Partnership
- Salford Foundation
- Salford Community Leisure

## 5. Year 1 Delivery

- 38 Salford schools have been identified for bespoke packages of interventions
- Mental Health Practitioner (MHP) recruited to support delivery
- School action plans developed and implemented
- School training programme rolled out

## 6. Future Plans

- Consultations with both children and young people, along with school staff
- Annual evaluation of delivery to support further programme development
- Development of single point of access
- Dedicated Thrive in Education webpages to be developed

**Referral routes for schools:** for more information please contact your designated Mental Health Lead

### **Useful Resources:**

[Schools & Colleges Resources \(Anna Freud Centre\)](#)

[Children's Commissioner: COVID Resources](#)

[CAMHS Resources](#)

[Responding to COVID-19: guidance for clinicians/community services](#)

[Greater Manchester Hub: Mental health & wellbeing resources](#)

[Salford Emotional Health Service Directory for Children and young people](#)

[Salford Thrive: School Resources](#)

For more information please email [TIE@salford.gov.uk](mailto:TIE@salford.gov.uk)